



FRIDAY, MAY 23

	OCEAN	SKY	AQUA 1	AQUA 2	ARIA 1	ARIA 2	
12:00 13:00		ESH Working Group on Device-Based Treatment of Hypertension	ESH Working Group on Endocrine Hypertension	ESH Working Group on Small Arteries	ESH Working Group on Hypertension in Children and Adolescents	ESH Working Group on Environment in Hypertension	
<i>Break (13.00-13.15)</i>							
13:15 14:15	14.00-16.00 Young Investigators Meeting	ESH Working Group on Blood Pressure Monitoring and Cardiovascular Variability	ESH Working Group on Obesity, Diabetes and the High Risk Patient	ESH Working Group on Large Arteries	ESH Working Group on Hypertension in Older Adults	ESH Working Group on Hypertension and Cardiovascular Risk in Low Resource Settings	
<i>Break (14.15-14.30)</i>							
14:30 15:30		ESH Working Group on Lifestyle, Cardiovascular Pharmacotherapy and Adherence	ESH Working Group on Hypertension and the Kidney	ESH Working Group on Hypertension and the Heart	ESH Working Group on Hypertension in Women	ESH Working Group on Hypertension and the Brain	
<i>Break (15.30-15.45)</i>							
15:45 16:30				General Assembly of ESH Working Groups		Excellence Centre meeting	
<i>Break (16.30-16.45)</i>							
16:45 17:45				Session of the Young Investigators Group SEX AND GENDER IN HYPERTENSION		GPS Network Meeting	
<i>Break (17.45-18.00)</i>							
18:00 19:00	OPENING CEREMONY						

34th EUROPEAN MEETING

on Hypertension and Cardiovascular Protection



SATURDAY, MAY 24

	OCEAN I	OCEAN 2	SKY	AQUA I	AQUA 2	ARIA I	ARIA 2
7:30 8:15		Joint Session ESH-SAHA NEW FRONTIERS IN RESISTANT HYPERTENSION: FROM MECHANISMS TO THERAPEUTIC STRATEGIES	Joint Session SFHTA – ISH - ESH MANAGEMENT OF COMMON AND UNCOMMON REFERRALS TO SPECIALIST BLOOD PRESSURE SERVICE	Joint Session ESH-ISVH NEW PERSPECTIVES IN CARDIO-KIDNEY-METABOLIC PREVENTION	Panel Discussion NATIONAL INITIATIVES AND GOALS FOR BETTER HYPERTENSION MANAGEMENT	Morning Session MULTI PILL COMBINATION AS A FIRST STEP OPTION	Morning Session FROM HYPERTENSION TO CORONARY ARTERY DISEASE
Break (08.15-08.30)							
8:30 9:45		8:30-9:30 Round Table RENAL DENERVATION	8:30-9:30 Oral Session BLOOD PRESSURE MEASUREMENT/ MONITORING I	8:30-9:30 CLINICAL CASES SESSION	Oral Session CHILDREN AND ADOLESCENTS	Joint Session ESH-EFIM CHRONIC DISEASES AS UNDERESTIMATED CAUSE OF HT AND CV COMPLICATIONS	Oral Session PHARMACOTHERAPY
Break (09.45-10.00)							
10:00 11:15		10.00-11.00 Oral Session ADHERENCE	10.00-10.45 Mini-Symposium <i>Supported by Servier</i> CRACKING THE CODE OF RESISTANT HYPERTENSION: FROM CHALLENGES TO SOLUTIONS	10.00-11.00 Oral Session LATE BREAKERS I	Oral Session KIDNEY	Oral Session HEART	10.00-11.00 Mini-Symposium <i>Supported by Medtronic</i> HYPERTENSION CARE, REIMAGINED: THE SYMPPLICITY BLOOD PRESSURE PROCEDURE
Break (11.15-11.30)							
11:30 12:30			11.30-12.45 Oral Session CLINICAL STUDIES I	Mini-Symposium <i>Supported by Menarini Group</i> THE PERFECT MATCH: BETA-BLOCKERS IN PERSONALIZED HYPERTENSION THERAPY	Mini-Symposium <i>Supported by Huawei</i> WEARABLE WRIST-CUFF BLOOD PRESSURE MONITORS: A NOVEL CLASS OF DEVICES READY FOR CLINICAL USE	11.30-12.45 Oral Session EPIDEMIOLOGY	11.30-12.30 Topical Workshop HYPERTENSION IN WOMEN
12:45 14:15	LUNCH BOX 12.45 - 14.15		13:00-14:00 Satellite Symposium <i>Supported by Servier</i> LET'S TARGET SUCCESS FOR EVERY PATIENT: ACHIEVING BLOOD PRESSURE CONTROL IN HIGH-RISK PATIENTS	LUNCH BOX 12.45 - 14.15			
14:15 15:15			Teaching Seminar TRANSFORMING HYPERTENSION MANAGEMENT THROUGH DIGITAL HEALTH AND ARTIFICIAL INTELLIGENCE	Mini-Symposium <i>Supported by Bayer</i> HYPERTENSION IN THE CONTEXT OF THE CARDIO-KIDNEY-METABOLIC SYNDROME: ROLE OF NONSTEROIDAL MINERALOCORTICOID ANTAGONISM	Mini-Symposium <i>Supported by Boehringer Ingelheim Pharma</i> BEYOND HYPERTENSION: IS ALDOSTERONE THE HIDDEN KEY TO HEART AND KIDNEY HEALTH?	Oral Session OBESITY	Mini-Symposium <i>Supported by ReCor Medical</i> ADVANCING HYPERTENSION MANAGEMENT: RENAL DENERVATION IN CLINICAL PRACTICE
Break (15.15-15.30)							
15:30 16:45	Plenary Session OBESITY AND HYPERTENSION						
Break (16.45-17.00)							
17:00 18:00		Joint Session ESH-ISH TIME TO CLOSE THE GAP BETWEEN GUIDELINES AND IMPLEMENTATION	Oral Session ARTIFICIAL INTELLIGENCE	Topical Workshop UNDERSTANDING THE EVIDENCE BASE IN HYPERTENSION	Meet-the-Expert INFLAMMATION AND CARDIOVASCULAR DAMAGE	Debate TARGET BP IN CHRONIC KIDNEY DISEASE	Oral Session SECONDARY HYPERTENSION
Break (18.00-18.15)							
18:15 19:45	MODERATED E-POSTER SESSION						

Pathway 1 Hypertension and Cardiometabolic Disease	Pathway 2 Mechanistic profiles of Hypertension	Pathway 3 Hypertension – a lifelong perspective from adolescence to the elderly	Plenary Sessions
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SUNDAY, MAY 25

	OCEAN I	OCEAN 2	SKY	AQUA I	AQUA 2	ARIA I	ARIA 2
7:30 8:15	08.00-11.00 Hands-On Workshop RENAL ULTRASOUND IN HYPERTENSION (BASICS)	CZECH-SLOVAK SYMPOSIUM	Joint Session CHL-JSH-WHL-ESH WORLDWIDE GUIDELINES		Morning Session HYPERTENSION IN IRAQ: TWO SIDES OF THE SAME COIN	Morning Session TEAM BASED CARE IN HT MANAGEMENT, HOW TO RELIEVE WORK OVERLOAD	Morning Session COFFEE AND BP
Break (08.15-08.30)							
8:30 9:30		WHAT IS NEW IN OUT-OF-OFFICE BP MEASUREMENT	Oral Session DIABETES	Oral Session GENOMICS	Oral Session LATE BREAKERS 2	8:30-09:45 Oral Session BRAIN	8:30-09:45 Oral Session LIFESTYLE INTERVENTION
Break (09.45.10.00)							
10:00 11:00			10.00-10.45 Mini-Symposium <i>Supported by Servier</i> PATIENTS AND DOCTORS' PARTNERSHIP: SHOULD WE CHANGE THE PARADIGM TO IMPROVE BLOOD PRESSURE CONTROL?	Mini-Symposium <i>Supported by SkyLabs</i> BREAKING BOUNDARIES IN HYPERTENSION CARE: A NEW ERA WITH CUFFLESS BLOOD PRESSURE MONITORING	Mini-Symposium <i>Supported by Mineralys</i> CURRENT EVIDENCE TARGETING ALDOSTERONE IN DIFFICULT TO TREAT HYPERTENSION		Topical Workshop HYPERTENSIVE URGENCIES AND EMERGENCIES
Break (11.00-11.15)						11.10-12.00 ESH GENERAL ASSEMBLY	
11:15 12:45	MODERATED E-POSTER SESSION						
12:45 14:15	LUNCH BOX		13:00-14:00 Satellite Symposium <i>Supported by Merck</i> BETA-BLOCKERS IN HYPERTENSION THROUGH THE LENS OF GENDER, AGE, AND CV OUTCOMES	LUNCH BOX			
14:15 15:15		Joint Session <i>Joint Session with ESC Council on Hypertension</i> FROM HYPERTENSION TO HEART FAILURE WITH PRESERVED EF: MECHANISMS AND PERSPECTIVES OF MANAGEMENT	Topical Workshop NOVELTIES IN THE DIAGNOSIS AND MANAGEMENT OF PRIMARY ALDOSTERONISM	Mini-Symposium <i>Supported by Omron Healthcare</i> ILLUMINATING NOCTURNAL BLOOD PRESSURE	Mini-Symposium <i>organised by Nexus Healthcare Education and funded by an independent educational grant from AstraZeneca</i> THE SPECTRUM OF ALDOSTERONE DYSREGULATION AND ITS ROLE IN HYPERTENSION AND ASSOCIATED DISORDERS	Oral Session CLINICAL STUDIES 2	Joint Session ESH-ERA RENOVASCULAR HYPERTENSION BEYOND RENAL ARTERY STENOSIS
Break (15.15-15.30)							
15:30 16:45	PRESENTATION OF ESH AWARDS						
Break 16.45/17.00							
17:00 18:15		Topical Workshop LIFETIME PERSPECTIVES	Oral Session HYPERTENSION PHENOTYPES	17.00-18-00 Teaching Seminar LIFESTYLE MANAGEMENT – WHAT IS NEW	Clinical Cases Session CLINICAL-PATHOLOGICAL CONFERENCE (CPC) IN COOPERATION WITH HYPERTENSION, AN AMERICAN HEART ASSOCIATION JOURNAL (AHA)	17.00-18-00 Joint session ESH-LASH THE NEW 2024 LASH HYPERTENSION GUIDELINES	Oral Session BLOOD PRESSURE MEASUREMENT/MONITORING 2

Pathway 1 Hypertension and Cardiometabolic Disease	Pathway 2 Mechanistic profiles of Hypertension	Pathway 3 Hypertension – a lifelong perspective from adolescence to the elderly	Plenary Sessions
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MONDAY, MAY 26

	OCEAN I	OCEAN 2	SKY	AQUA I	AQUA 2	ARIA I	ARIA 2
08:00 09:15			08:00-09:00 Round Table ASSESSMENT OF HMOD IN CLINICAL PRACTICE. WHICH, WHEN, HOW	Oral Session PATHOPHYSIOLOGY/ MECHANISMS	08:00-09:00 Debate THE PROS AND CONS OF TOOLS TO VALIDATE NEW ANTI-HYPERTENSIVE TREATMENT OPTIONS	CLINICAL CASES SESSION	Oral Session NON PHARMACOLOGICAL TREATMENT
<i>Break (09.15-09.30)</i>							
9:30 10:30		Topical Workshop GENOMICS FOR PRECISION HYPERTENSION – PROMISE FULFILLED?	Oral Session WOMEN	Topical Workshop NEW ANTIHYPERTENSIVE DRUGS - AN UPDATE	Meet-the-Expert ELECTROLYTES IN HYPERTENSION	Oral Session DEVICE BASED TREATMENT	Oral Session LATE BREAKERS 3
<i>Break (10.30-10-45)</i>							
10:45 12:00	Plenary session ESH GUIDELINES: HOT ISSUES						
12:00 13:00	<i>LUNCH BOX</i>						
13:00 14.30	MODERATED E-POSTER SESSION						

Pathway 1 Hypertension and Cardiometabolic Disease	Pathway 2 Mechanistic profiles of Hypertension	Pathway 3 Hypertension – a lifelong perspective from adolescence to the elderly	Plenary Sessions
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